



# Jewish UAE

# CALENDAR

תשפ"ד - 2023-2024



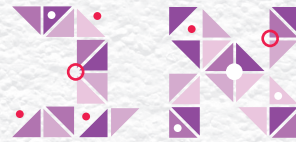
DUBAI

# The 10 Mitzvahs Campaign of the Rebbe

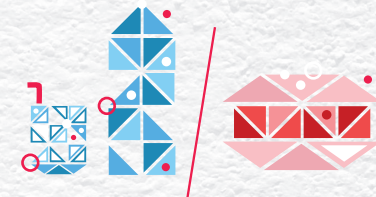
The Lubavitcher Rebbe introduced a revolutionary perspective on mitzvot, emphasizing their profound connection between humanity and God. He believed that every mitzvah had infinite value and could tip the cosmic balance towards goodness.

To inspire Jews of all levels of observance, he initiated the Mitzvah Campaign, encouraging everyone to start with any mitzvah. The Rebbe suggested ten "beginner's mitzvot" that are fundamental and accessible to all, even in remote areas.

This year, we're dedicating each month to one of these mitzvot to deepen our connection with God and embrace our heritage as a united community. Join us on this transformative journey as we explore and practice these mitzvot together.



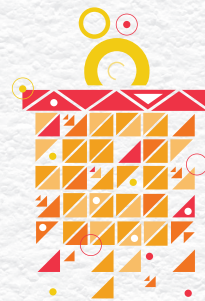
**Education**



**Kosher**



**Tefillin**



**Tzedakah**



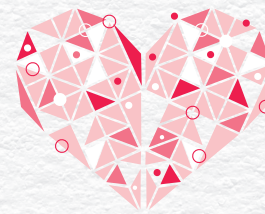
**Torah**



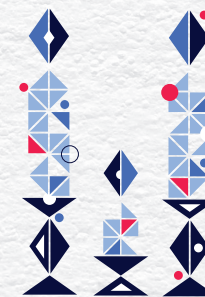
**Mezuzah**



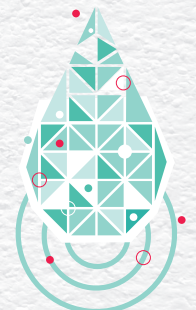
**A Home Filled  
with Holy Books**



**Love Your  
Fellow**



**Shabbat Candles**



**Family  
Purity**

# Dear Community,

Embracing the timeless wisdom of our faith, we embark on a journey that unites us with generations past and those yet to come. The 10 Mitzvahs Campaign of the Rebbe stands as a beacon of our commitment to the guiding principles that shape our lives.

Each year, we set aside moments to reflect on these sacred teachings, allowing them to illuminate our path and fortify our bonds. As we place this campaign on our yearly calendar, let it remind us that our actions, small or grand, carry the potential to transform our lives and the world around us.

May the Ten Mitzvahs serve as a compass, directing us towards kindness, empathy, and unity. Let us come together in this shared endeavor, embracing the opportunity to better ourselves and the world.

With gratitude for our community and anticipation for the journey ahead,

**Warmly,  
Rabbi Levi Duchman**

With many thanks and our deepest feeling of gratitude to our calendar donor.  
Your generosity knows no bounds

# Jewish UAE

Jewish UAE aims to provide support and assistance to the local Jewish community as well as visitors in the United Arab Emirates. The organization is dedicated to promoting Jewish knowledge, awareness, and practice, while striving to meet the growing demand for Jewish services and infrastructure in the Emirates.

Jewish UAE has founded a broad range of institutions that serve the community, including places of worship, schools, and community facilities. Jewish UAE sponsors comprehensive education and welfare programs, community outreach and religious services. Jewish UAE is also the sole kosher compliance certification authority in the UAE. Through these initiatives, Jewish UAE seeks to provide a robust framework for Jewish life in the region.

In addition to these important services, Jewish UAE actively supports individuals in their relocation decisions, offering guidance and assistance throughout their journey – and a warm welcome. This commitment ensures that individuals considering a move to the UAE can find the necessary resources and support to facilitate a smooth transition and integration into the local Jewish community.



## High Holidays

The year is a train, the High Holidays (or Chagim) are its engine. A delicate blend of joy and solemnity, feasting and fasting, prayer and inspiration make up the spiritually-charged beginning of the Jewish year.

The High Holiday season begins during the month of Elul, when the shofar is sounded every weekday morning, a clarion call to return to G-d in advance of the sacred days that lay ahead. The two-day holiday of Rosh Hashanah is the head of the Jewish year, the time when G-d reinvests Himself in creation as we crown Him king of the universe through prayer and shofar blasts, and celebrate the sweet new year we are certain lies ahead.

# September 2023

אלול תשפ"ג - תשרי תשפ"ד  
ELUL 5783 - TISHREI 5784

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
27	28 <b>FIRST DAY OF SCHOOL</b>	29	30	31	1 ELUL 15 מ"ז אלול  6:20 PM	2 ELUL 16 מ"ח אלול <b>KI TAVO</b>  7:12 PM
3 ELUL 17 י"ז אלול	4 ELUL 18 י"ח אלול	5 ELUL 19 י"ט אלול	6 ELUL 20 כ' אלול	7 ELUL 21 כ"א אלול	8 ELUL 22 כ"ב אלול  6:13 PM	9 ELUL 23 כ"ג אלול <b>NITZAVIM-VAYELECH</b>  7:04 PM
10 ELUL 24 כ"ד אלול	11 ELUL 25 כ"ה אלול	12 ELUL 26 כ"ו אלול	13 ELUL 27 כ"ז אלול	14 ELUL 28 כ"ח אלול	15 ELUL 29 כ"ט אלול <b>EREV ROSH HASHANA</b>  6:05 PM	16 TISHREI 1 א' תשרי <b>ROSH HASHANA 5784</b>  6:56 PM
17 TISHREI 2 ב' תשרי <b>ROSH HASHANA II</b>  6:55 PM	18 TISHREI 3 ג' תשרי <b>FAST OF GEDALIAH</b> FAST BEGINS 4:54 AM FAST ENDS 6:44 PM	19 TISHREI 4 ד' תשרי	20 TISHREI 5 ה' תשרי	21 TISHREI 6 ו' תשרי	22 TISHREI 7 ז' תשרי  5:58 PM	23 TISHREI 8 ח' תשרי <b>HA'AZINU</b>  6:49 PM
24 TISHREI 9 ט' תשרי <b>EREV YOM KIPPUR</b>  5:56 PM	25 TISHREI 10 י' תשרי <b>YOM KIPPUR</b>  6:46 PM	26 TISHREI 11 יא' תשרי <b>BIRTHDAY OF PROPHET MOHAMMED</b> PUBLIC HOLIDAY	27 TISHREI 12 יב' תשרי <b>BIRTHDAY OF PROPHET MOHAMMED</b> PUBLIC HOLIDAY	28 TISHREI 13 יג' תשרי	29 TISHREI 14 יד' תשרי <b>EREV SUKKOT</b>  5:50 PM	30 TISHREI 15 ט"ו תשרי <b>SUKKOT I</b>  6:41 PM

# Kosher

Food is the essential source of life and energy for us, becoming a part of our bodies when it is consumed. Eating kosher food ensures that our physical energy is sanctified, becoming a sacred experience. As a Jew, serving G-d involves not only engaging in Torah study, prayer, and fulfilling mitzvot, but also infusing holiness into every action, even the seemingly ordinary, mundane act of eating.

Thanks to the Emirates Agency for Kosher Supervision (EAKC), the local kosher certification agency run by Jewish UAE, tens of thousands of locals and visitors have access to kosher options.

**For more information, visit [Chabad.ae/Kosher](http://Chabad.ae/Kosher)**

There are a number of local stores and supermarkets that stock EAKC-approved kosher foods.

**To purchase kosher products for your home, visit:**



**ONLINE KOSHER  
PREMIUM MEAT STORE**

[www.bassar.ae](http://www.bassar.ae)



**THE KOSHER  
SUPERMARKET**

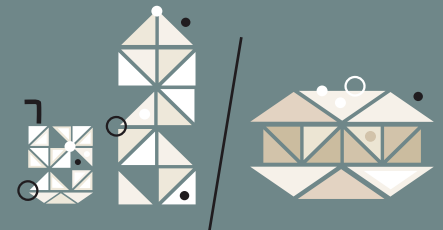
Wasl Square, shop 18  
Al Safa 1



**EAKC can do the heavy lifting!**

If you wish to kosher your kitchen,  
please reach out to

**RABBI SHIMON FRENKEL > +971-56-508-9022**



**“If you keep kosher, the protagonist of your meal is not you; it is G-d.”**

— Lauren F. Winner

# October 2023

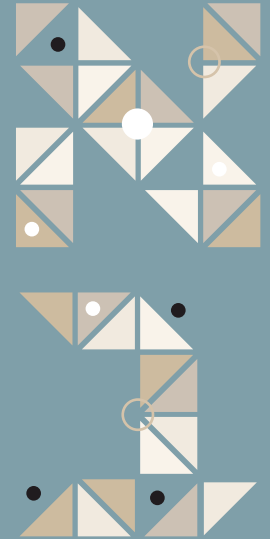
## תשרי - חשוון תשפ"ד TISHREI - CHESHVAN

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
<b>1</b> TISHREI 16 ט"ז תשרי <b>SUKKOT II</b>   <b>6:40 PM</b>	<b>2</b> TISHREI 17 י"ז תשרי <b>1ST DAY CHOL HAMOED</b>	<b>3</b> TISHREI 18 י"ח תשרי <b>2ND DAY CHOL HAMOED</b>	<b>4</b> TISHREI 19 י"ט תשרי <b>3RD DAY CHOL HAMOED</b>	<b>5</b> TISHREI 20 כ' תשרי <b>4TH DAY CHOL HAMOED</b>	<b>6</b> TISHREI 21 כ"א תשרי <b>HOSHANA RABA</b>   <b>5:43 PM</b>	<b>7</b> TISHREI 22 כ"ב תשרי <b>YIZKOR SHMINI ATZERET</b>   <b>6:34 PM</b>
<b>8</b> TISHREI 23 כ"ג תשרי <b>SIMCHAT TORAH</b>   <b>6:33 PM</b>	<b>9</b> TISHREI 24 כ"ד תשרי <b>ISRU CHAG</b>	<b>10</b> TISHREI 25 כ"ה תשרי	<b>11</b> TISHREI 26 כ"ו תשרי	<b>12</b> TISHREI 27 כ"ז תשרי	<b>13</b> TISHREI 28 כ"ח תשרי	<b>14</b> TISHREI 29 כ"ט תשרי <b>BEREISHIT</b>   <b>6:27 PM</b>
<b>15</b> TISHREI 30 ל' תשרי <b>ROSH CHODESH CHESHVAN</b>	<b>16</b> CHESHVAN 1 א' חשוון <b>ROSH CHODESH CHESHVAN</b>	<b>17</b> CHESHVAN 2 ב' חשוון	<b>18</b> CHESHVAN 3 ג' חשוון	<b>19</b> CHESHVAN 4 ד' חשוון	<b>20</b> CHESHVAN 5 ה' חשוון	<b>21</b> CHESHVAN 6 ו' חשוון <b>NOACH</b>   <b>6:21 PM</b>
<b>22</b> CHESHVAN 7 ז' חשוון	<b>23</b> CHESHVAN 8 ח' חשוון	<b>24</b> CHESHVAN 9 ט' חשוון	<b>25</b> CHESHVAN 10 י' חשוון	<b>26</b> CHESHVAN 11 יא' חשוון	<b>27</b> CHESHVAN 12 יב' חשוון	<b>28</b> CHESHVAN 13 יג' חשוון <b>LECH-LECHA</b>   <b>6:16 PM</b>
<b>29</b> CHESHVAN 14 יד' חשוון	<b>30</b> CHESHVAN 15 ט"ו חשוון	<b>31</b> CHESHVAN 16 ט"ז חשוון				

# Education

The Midrash reveals that when G-d sought to entrust the Jewish People with the Torah, a guarantor was sought. Despite numerous suggestions – including the prophets and our holy ancestors – it was instead the children who were embraced as the guarantors of the Torah's continuity. A solid Jewish education acts as the nourishing roots, enabling strength and growth. It instills values, fosters a resilient Jewish identity, and has a tremendous positive impact on individuals, families, communities, and on society at large.

Jewish UAE boasts a Jewish educational system for all ages, featuring a nursery, activities for children and teenagers, private lessons, and educational workshops for adults.



**“Just as wearing Tefillin every day is a Mitzva commanded by the Torah to every individual regardless of his standing in Torah, whether deeply learned or simple, so too is it an absolute duty for every person to spend a half hour every day thinking about the Torah-education of children ...”**

– Rabbi Shalom DovBer, the Fifth Chabad Rebbe

# November 2023

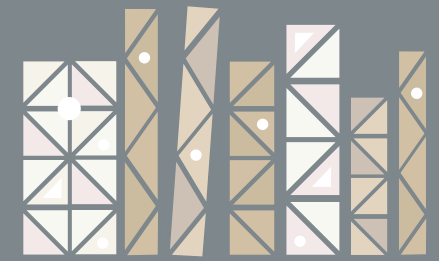
חשוון - כסלו תשפ"ד  
 CHESHVAN - KISLEV

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
			<b>1</b> CHESHVAN 17 י"ד חשוון	<b>2</b> CHESHVAN 18 י"ה חשוון	<b>3</b> CHESHVAN 19 י"ט חשוון	<b>4</b> CHESHVAN 20 כ"ה חשוון <b>VAYEIRA</b>   <b>5:19 PM</b>   <b>6:11 PM</b>
<b>5</b> CHESHVAN 21 כ"א חשוון	<b>6</b> CHESHVAN 22 כ"ב חשוון	<b>7</b> CHESHVAN 23 כ"ג חשוון	<b>8</b> CHESHVAN 24 כ"ד חשוון	<b>9</b> CHESHVAN 25 כ"ה חשוון	<b>10</b> CHESHVAN 26 כ"ו חשוון	<b>11</b> CHESHVAN 27 כ"ז חשוון <b>CHAYEI SARAH</b>   <b>5:15 PM</b>   <b>6:08 PM</b>
<b>12</b> CHESHVAN 28 כ"ח חשוון	<b>13</b> CHESHVAN 29 כ"ט חשוון	<b>14</b> KISLEV 1 א' כסלו <b>ROSH CHODESH KISLEV</b>	<b>15</b> KISLEV 2 ב' כסלו	<b>16</b> KISLEV 3 ג' כסלו	<b>17</b> KISLEV 4 ד' כסלו	<b>18</b> KISLEV 5 ה' כסלו <b>TOLDOT</b>   <b>5:12 PM</b>   <b>6:06 PM</b>
<b>19</b> KISLEV 6 ו' כסלו	<b>20</b> KISLEV 7 ז' כסלו	<b>21</b> KISLEV 8 ח' כסלו	<b>22</b> KISLEV 9 ט' כסלו	<b>23</b> KISLEV 10 י' כסלו	<b>24</b> KISLEV 11 יא' כסלו	<b>25</b> KISLEV 12 י"ב כסלו <b>VAYEITZEI</b>   <b>5:11 PM</b>   <b>6:05 PM</b>
<b>26</b> KISLEV 13 י"ג כסלו	<b>27</b> KISLEV 14 י"ד כסלו	<b>28</b> KISLEV 15 ט"ו כסלו	<b>29</b> KISLEV 16 ט"ז כסלו	<b>30</b> KISLEV 17 י"ז כסלו <b>COP 28</b>		

## A Home Filled With Holy Books

Studies have shown that the number of books in the home correlates significantly with higher reading scores in children. Surprisingly, it's not solely about reading time but also the presence of books itself. This highlights the importance of the home environment and atmosphere in a child's success. When the child is in a literacy-rich environment, the child is more likely to develop literacy skills.

The Rebbe encouraged the ownership of sacred Jewish books, creating an inspiring environment for family members and guests to engage with them. Even if unread, the presence of these books in a Jewish home positively influences the entire household, reaching beyond its physical boundaries.



## Chanukah

Chanukah, the Festival of Lights, is a joyful Jewish holiday that lasts for eight days. It commemorates the victory of the Jewish people over their Syrian-Greek oppressors, the rededication of the Holy Temple, and the miracle of the oil that lasted for eight days in the Temple Menorah. Families gather to light the menorah (an eight-branched candelabrum), enjoy festive foods, play with dreidels (tops), and celebrate the triumph of light over darkness. Chanukah carries a message of hope, resilience, and the importance of standing up for our values. It is a time to cherish freedom of religion, express our gratitude to G-d, and share joy with loved ones.

## Hei Tevet – Didan Notzach







On the 5th of Tevet 1987, a court ruling favored the Chabad movement, securing ownership of the Library of Agudas Chasidei Chabad, which had been curated by Rabbi Yosef Yitzchak Schneerson, the Sixth Chabad Rebbe. This landmark ruling was based on the idea that a Rebbe is not a private individual but a communal figure synonymous with the body of Chassidim. This day is celebrated with Torah study and the acquisition of new books.

**“We are the only people who, when we drop a book, we pick it up and kiss it.”**

— Rabbi Adin Even-Israel (Steinsaltz)

# December 2023

נסלו - טבת תשפ"ד  
KISLEV - TEVEL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
					<b>1</b> KISLEV 18 י"ח נסלו <b>COMMEMORATION DAY</b> PUBLIC HOLIDAY  <b>COP 28</b> <b>5:10 PM</b>	<b>2</b> KISLEV 19 י"ט נסלו <b>NATIONAL DAY</b> <b>VAYISHLACH</b> Day of redemption of the Alter Rebbe - Rosh Hashana of chassidut  <b>COP 28</b> <b>6:05 PM</b>
<b>3</b> KISLEV 20 כ' נסלו <b>COP 28</b>	<b>4</b> KISLEV 21 כ"א נסלו <b>COP 28</b>	<b>5</b> KISLEV 22 כ"ב נסלו <b>COP 28</b>	<b>6</b> KISLEV 23 כ"ג נסלו <b>COP 28</b>	<b>7</b> KISLEV 24 כ"ד נסלו <b>CHANUKAH: 1 CANDLE</b> <b>COP 28</b>	<b>8</b> KISLEV 25 כ"ה נסלו <b>CHANUKAH: 2 CANDLES</b>  <b>5:11 PM</b>	<b>9</b> KISLEV 26 כ"ו נסלו <b>VAYEISHEV</b> <b>CHANUKAH: 3 CANDLES</b>  <b>6:06 PM</b>
<b>10</b> KISLEV 27 כ"ז נסלו <b>CHANUKAH: 4 CANDLES</b> <b>COP 28</b>	<b>11</b> KISLEV 28 כ"ח נסלו <b>CAMP GAN IZZY</b> <b>CHANUKAH: 5 CANDLES</b> <b>COP 28</b>	<b>12</b> KISLEV 29 כ"ט נסלו <b>CAMP GAN IZZY</b> <b>CHANUKAH: 6 CANDLES</b> <b>COP 28</b>	<b>13</b> TEVET 1 א' טבת <b>CAMP GAN IZZY</b> <b>CHANUKAH: 7 CANDLES</b> <b>ROSH CHODESH TEVET</b>	<b>14</b> TEVET 2 ב' טבת <b>CAMP GAN IZZY</b> <b>CHANUKAH: 8TH DAY</b>	<b>15</b> TEVET 3 ג' טבת <b>CAMP GAN IZZY</b> <b>LAST DAY OF CHAUKAH</b>  <b>5:13 PM</b>	<b>16</b> TEVET 4 ד' טבת <b>MIKEITZ</b>  <b>6:09 PM</b>
<b>17</b> TEVET 5 ה' טבת <b>HEI TEVET - DIDAN NOTZACH</b>	<b>18</b> TEVET 6 ו' טבת <b>CAMP GAN IZZY</b>	<b>19</b> TEVET 7 ז' טבת <b>CAMP GAN IZZY</b>	<b>20</b> TEVET 8 ח' טבת <b>CAMP GAN IZZY</b>	<b>21</b> TEVET 9 ט' טבת <b>CAMP GAN IZZY</b>	<b>22</b> TEVET 10 י' טבת <b>ASARA B'TEVET</b> <b>FAST BEGINS</b> 5:43 AM <b>FAST ENDS</b> 6:00 PM  <b>5:16 PM</b>	<b>23</b> TEVET 11 יא' טבת <b>VAYIGASH</b>  <b>6:12 PM</b>
<b>24</b> TEVET 12 י"ב טבת	<b>25</b> TEVET 13 י"ג טבת	<b>26</b> TEVET 14 י"ד טבת	<b>27</b> TEVET 15 ט"ו טבת	<b>28</b> TEVET 16 ט"ז טבת	<b>29</b> TEVET 17 י"ז טבת	<b>30</b> TEVET 18 י"ח טבת <b>VAYECHI</b>
<b>31</b> TEVET 19 י"ט טבת					 <b>5:20 PM</b>	 <b>6:16 PM</b>

# Torah Study

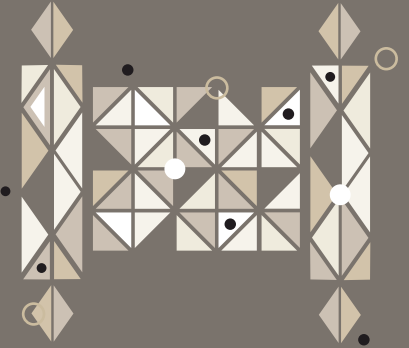
Throughout history, Jews have always prioritized Torah study, considering it their primary focus. The word "Torah" itself is connected to the word "Orah," which means "light" in Hebrew, as the Torah illuminates our path in life. Torah-study is not just a duty but the greatest mitzvah we have. When a child is born, we wish the parents success in raising them with Torah values. Torah study is an obligation that we fulfill at every available moment. For centuries, it has been our central occupation and the pinnacle of our achievements.

The Torah is not only a covenant between us and G-d but also the foundation and purpose of all existence. According to the Zohar, G-d looked into the Torah to create the world, and when we study the Torah, we sustain the world. Torah is Divine wisdom, and through learning, we connect our intellect with G-d's.



## Weekly lessons

The Jewish community in the UAE is fortunate to have access to weekly lessons and teachings conducted by knowledgeable rabbis. These lessons provide a valuable opportunity for community members to deepen their understanding of Jewish traditions, texts, and values. The rabbis, with their expertise and guidance, create a supportive and engaging learning environment where individuals can ask questions, engage in discussions, and further develop their spiritual connection.




**"Where there is Torah, it sustains the world."**

— Sephardic Chief Rabbi Ovadia Yosef

# January 2024

טבת - שבט תשפ"ד

TEVET - SHVAT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
	<b>1</b> TEVET 20 כ"א טבת  <i>New Year</i>	<b>2</b> TEVET 21 כ"ב טבת	<b>3</b> TEVET 22 כ"ג טבת	<b>4</b> TEVET 23 כ"ד טבת	<b>5</b> TEVET 24 כ"ה טבת	<b>6</b> TEVET 25 כ"ו טבת <b>SHEMOT</b>   5:25 PM   6:20 PM
<b>7</b> TEVET 26 כ"ז טבת	<b>8</b> TEVET 27 כ"ח טבת	<b>9</b> TEVET 28 כ"ט טבת	<b>10</b> TEVET 29 ל' טבת	<b>11</b> SHEVAT 1 א' שבט <b>ROSH CHODESH SHVAT</b>	<b>12</b> SHEVAT 2 ב' שבט	<b>13</b> SHEVAT 3 ג' שבט <b>VA'EIRA</b>   5:30 PM   6:25 PM
<b>14</b> SHEVAT 4 ד' שבט	<b>15</b> SHEVAT 5 ה' שבט	<b>16</b> SHEVAT 6 ו' שבט	<b>17</b> SHEVAT 7 ז' שבט	<b>18</b> SHEVAT 8 ח' שבט	<b>19</b> SHEVAT 9 ט' שבט	<b>20</b> SHEVAT 10 י' שבט <b>BO</b> Hilula of Rabbi Yossef Ytzchak of Lubavitch   5:35 PM   6:30 PM
<b>21</b> SHEVAT 11 י"א שבט	<b>22</b> SHEVAT 12 י"ב שבט	<b>23</b> SHEVAT 13 י"ג שבט	<b>24</b> SHEVAT 14 י"ד שבט	<b>25</b> SHEVAT 15 ט"ו שבט <b>TU BISHVAT</b>	<b>26</b> SHEVAT 16 ט"ז שבט	<b>27</b> SHEVAT 17 י"ז שבט <b>BESHALACH</b>   5:40 PM   6:35 PM
<b>28</b> SHEVAT 18 י"ח שבט	<b>29</b> SHEVAT 19 י"ט שבט	<b>30</b> SHEVAT 20 כ' שבט	<b>31</b> SHEVAT 21 כ"א שבט			

# Shabbat Candles

The act of lighting Shabbos candles brings unique spiritual and physical light into the world. It symbolizes peace and sanctity as we welcome Shabbat every Friday evening and as we usher in the Jewish holidays. These candles create a peaceful atmosphere, adding warmth and light to our homes in a world that can be very dark and cold. While women hold the primary responsibility for this mitzvah as the pillars of the Jewish home, it is an obligation for every household.

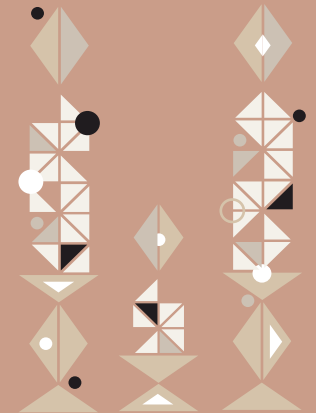
Once a young girl understands the significance of Shabbat and can recite the blessing (usually around three years old), she should start lighting her own Shabbat candle. The candles are typically lit on or near the table where the Shabbat dinner will be served, bringing joy and illumination to the occasion. Before kindling the candles, it is customary to give charity, showing kindness to others. This act of life-affirming kindness reminds us of the spiritual light the Shabbat candles bring, bringing light and life into the world.



## 22 Shevat

Yahrtzeit (anniversary of passing) of Rebbetzin Chaya Mushka Schneerson, the wife of the Rebbe.

Known for her piety, kindness, and dedication to Jewish education and outreach, Rebbetzin Chaya Mushka played a significant role in the Chabad-Lubavitch movement, supporting her husband, the Rebbe, in his leadership. Thousands of Chabad shluchot (women emissaries) gather in New York each year to mark this day.



**“Shabbat is the day when Heaven and Earth embrace one another.”**

— Rabbi Menachem Mendel of Kotzk

# February 2024

שבט - אדר א' תשפ"ד

SHVAT - ADAR I

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat	
				<b>1</b> SHEVAT 22 כ"ב שבט Hilula of the Rebbetzin Chaya Mushka Schneerson	<b>2</b> SHEVAT 23 כ"ג שבט   <b>5:46 PM</b>	<b>3</b> SHEVAT 24 כ"ד שבט <b>YITRO</b>   <b>6:40 PM</b>	
<b>4</b> SHEVAT 25 כ"ה שבט	<b>5</b> SHEVAT 26 כ"ו שבט	<b>6</b> SHEVAT 27 כ"ז שבט	<b>7</b> SHEVAT 28 כ"ח שבט	<b>8</b> SHEVAT 29 כ"ט שבט	<b>9</b> SHEVAT 30 ל' שבט <b>ROSH CHODESH                      ADAR I</b>   <b>5:50 PM</b>	<b>10</b> ADAR-I 1 א' אדר א' <b>MISHPATIM</b> <b>ROSH CHODESH                      ADAR I</b>   <b>6:44 PM</b>	
<b>11</b> ADAR-I 2 ב' אדר א'	<b>12</b> ADAR-I 3 ג' אדר א'	<b>13</b> ADAR-I 4 ד' אדר א'	<b>14</b> ADAR-I 5 ה' אדר א'	<b>15</b> ADAR-I 6 ו' אדר א'	<b>16</b> ADAR-I 7 ז' אדר א'	<b>17</b> ADAR-I 8 ח' אדר א' <b>TERUMAH</b>   <b>5:55 PM</b>	<b>17</b> ADAR-I 8 ח' אדר א' <b>TERUMAH</b>   <b>6:48 PM</b>
<b>18</b> ADAR-I 9 ט' אדר א'	<b>19</b> ADAR-I 10 י' אדר א'	<b>20</b> ADAR-I 11 י"א אדר א'	<b>21</b> ADAR-I 12 י"ב אדר א'	<b>22</b> ADAR-I 13 י"ג אדר א'	<b>23</b> ADAR-I 14 י"ד אדר א' <b>PURIM KATAN</b>   <b>5:59 PM</b>	<b>24</b> ADAR-I 15 ט"ו אדר א' <b>TETZAVEH</b> <b>SHUSHAN PURIM KATAN</b>   <b>6:52 PM</b>	
<b>25</b> ADAR-I 16 ט"ז אדר א'	<b>26</b> ADAR-I 17 ט"ח אדר א'	<b>27</b> ADAR-I 18 ט"ט אדר א'	<b>28</b> ADAR-I 19 י"ט אדר א'	<b>29</b> ADAR-I 20 כ' אדר א'			

# Family Purity

Sarah, our revered foremother, serves as an inspiring example of the profound impact that comes with upholding the mitzvah of Taharat Hamishpacha, Family Purity. The Shechina – the Divine presence of G-d – delicately hovering over her tent, symbolized not only protection but also the outpouring of abundant blessings. This sacred mitzvah, known as Taharat Hamishpacha, encompasses the entire family, harmoniously fostering purity and unity throughout the household. It goes beyond the individual woman, which is why it is called "Family Purity."

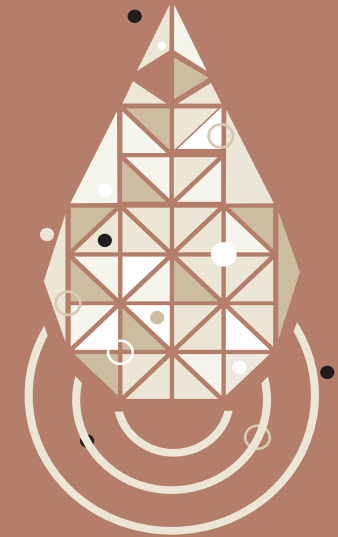
We are truly fortunate to have a beautiful mikvah here in the UAE, enabling women to fulfill this mitzvah with comfort, luxury and ease. In addition, Jewish UAE offers classes and guidance for women, ensuring that they receive the necessary support and knowledge to embrace this sacred mitzvah.

## WOMEN'S MIKVAH IN THE UAE!

Connect with your faith,  
pamper yourself,  
and embrace  
spiritual transformation.

VISIT THE MIKVAH FOR A MEANINGFUL EXPERIENCE!

[CHABAD.AE/MIKVAH](https://chabad.ae/mikvah)



## Purim











Purim is a lively and festive Jewish holiday celebrated annually on the 14th day of the Hebrew month of Adar. It commemorates the salvation of the Jewish people from a plot to annihilate them in ancient Persia. The holiday is filled with joyous celebrations, including the reading of the Megillah (the Scroll of Esther), exchanging gifts with friends, giving charity to the needy, and enjoying a Purim feast. Hamantaschen (filled triangular pastries) are a special Purim delicacy. Dressing up in costumes and participating in festive skits known as "Purim spiels" are also common traditions. Purim is a time of merriment, unity, and generosity, emphasizing the triumph of good over evil and the power of unity in preserving the Jewish people.

**"The mikvah is a brilliant and natural concept. It rejuvenates marital bonds and is essential for both women and men."**

— John Gray, author of *Women Are From Venus, Men Are From Mars*.

# March 2024

## אדר א' - אדר ב' תשפ"ד ADAR I - ADAR II

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
					<b>1</b> ADAR-I 21 כ"א אדר-א   <b>6:03 PM</b>	<b>2</b> ADAR-I 22 כ"ב אדר-א <b>KI TISA</b>   <b>6:56 PM</b>
<b>3</b> ADAR-I 23 כ"ג אדר-א	<b>4</b> ADAR-I 24 כ"ד אדר-א	<b>5</b> ADAR-I 25 כ"ה אדר-א	<b>6</b> ADAR-I 26 כ"ו אדר-א	<b>7</b> ADAR-I 27 כ"ז אדר-א	<b>8</b> ADAR-I 28 כ"ח אדר-א   <b>6:07 PM</b>	<b>9</b> ADAR-I 29 כ"ט אדר-א <b>VAYAK'HEL</b> <b>RAMADAN</b>   <b>6:59 PM</b>
<b>10</b> ADAR-I 30 ז' אדר-א  <b>RAMADAN</b>  <b>ROSH CHODESH ADAR II</b>	<b>11</b> ADAR-II 1 ח' אדר-ב  <b>RAMADAN</b>  <b>ROSH CHODESH ADAR II</b>	<b>12</b> ADAR-II 2 ט' אדר-ב  <b>RAMADAN</b>	<b>13</b> ADAR-II 3 י' אדר-ב  <b>RAMADAN</b>	<b>14</b> ADAR-II 4 יא' אדר-ב  <b>RAMADAN</b>	<b>15</b> ADAR-II 5 יב' אדר-ב  <b>RAMADAN</b>   <b>6:10 PM</b>	<b>16</b> ADAR-II 6 יג' אדר-ב <b>PEKUDEI</b> <b>RAMADAN</b>   <b>7:02 PM</b>
<b>17</b> ADAR-II 7 יד' אדר-ב  <b>RAMADAN</b>	<b>18</b> ADAR-II 8 טו' אדר-ב  <b>RAMADAN</b>	<b>19</b> ADAR-II 9 טז' אדר-ב  <b>RAMADAN</b>	<b>20</b> ADAR-II 10 יז' אדר-ב  <b>RAMADAN</b>	<b>21</b> ADAR-II 11 יח' אדר-ב <b>TA'ANIT ESTHER</b>  <b>FAST BEGINS 5:10 AM</b> <b>FAST ENDS 6:54 PM</b>	<b>22</b> ADAR-II 12 יט' אדר-ב  <b>RAMADAN</b>   <b>6:13 PM</b>	<b>23</b> ADAR-II 13 כ' אדר-ב <b>VAYIKRA ZACHOR</b> <b>RAMADAN</b>  <b>MEGILLAH READING</b>   <b>7:05 PM</b>
<b>24</b> ADAR-II 14 כ"א אדר-ב <b>PURIM</b>  <b>RAMADAN</b> <b>MEGILLAH READING</b>	<b>25</b> ADAR-II 15 כ"ב אדר-ב <b>SHUSHAN PURIM</b>  <b>RAMADAN</b>	<b>26</b> ADAR-II 16 כ"ג אדר-ב <b>CAMP GAN IZZY</b>  <b>RAMADAN</b>	<b>27</b> ADAR-II 17 כ"ד אדר-ב <b>CAMP GAN IZZY</b>  <b>RAMADAN</b>	<b>28</b> ADAR-II 18 כ"ה אדר-ב <b>CAMP GAN IZZY</b>  <b>RAMADAN</b>	<b>29</b> ADAR-II 19 כ"ו אדר-ב <b>CAMP GAN IZZY</b>  <b>RAMADAN</b>   <b>6:16 PM</b>	<b>30</b> ADAR-II 20 כ"ז אדר-ב <b>TZAV</b> <b>RAMADAN</b>   <b>7:09 PM</b>
<b>31</b> ADAR-II 21 כ"ח אדר-ב						

# Pesach

The eight-day Jewish holiday of Pesach (Passover) is celebrated in the early spring, from the 15th through the 22nd of the Hebrew month of Nissan. Pesach commemorates the emancipation of the Israelites from slavery in ancient Egypt. Pesach is observed by avoiding chametz (leaven), and is highlighted by the Seder meals that include four cups of wine, eating matzah and bitter herbs, and retelling the story of the Exodus.

The name Pesach means "to pass over" in Hebrew, because G-d passed over the Jewish homes when killing the Egyptian firstborn on the very first Passover eve.

## **Pesach is divided into two parts:**

The first two days and last two days of Pesach are full-fledged holidays. Holiday candles are lit in the evenings, and kiddush and sumptuous holiday meals are enjoyed on both nights and days. We don't go to work, drive, write, or switch on or off electric devices. We are permitted to cook and to carry outdoors.

The middle four days are called Chol Hamoed, semi-festive "intermediate days," when most forms of work are permitted (besides for on Shabbat, of course). The other Passover observance of avoiding leaven continues throughout the holiday.



## GET SET TO CELEBRATE THE PASSOVER SEDER AT HOME!

**Just be sure you've got:**

-  HAGGADAH
-  SEDER PLATE
-  MATZAH
-  GRAPE JUICE















**QUESTIONS? ORDERS?  
WE'RE HERE TO ASSIST!**



# April 2024

אדר ב' - ניסן תשפ"ד

ADAR II - NISSAN

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
	<b>1</b> ADAR-II 22 כ"ב אדר-ב RAMADAN CAMP GAN IZZY	<b>2</b> ADAR-II 23 כ"ג אדר-ב RAMADAN CAMP GAN IZZY	<b>3</b> ADAR-II 24 כ"ד אדר-ב RAMADAN CAMP GAN IZZY	<b>4</b> ADAR-II 25 כ"ה אדר-ב RAMADAN CAMP GAN IZZY	<b>5</b> ADAR-II 26 כ"ו אדר-ב RAMADAN	<b>6</b> ADAR-II 27 כ"ז אדר-ב RAMADAN SHEMINI
					 6:19 PM	 7:12 PM
<b>7</b> ADAR-II 28 כ"ח אדר-ב RAMADAN	<b>8</b> ADAR-II 29 כ"ט אדר-ב RAMADAN	<b>9</b> NISSAN 1 א' ניסן EID AL FITR	<b>10</b> NISSAN 2 ב' ניסן EID AL FITR	<b>11</b> NISSAN 3 ג' ניסן	<b>12</b> NISSAN 4 ד' ניסן	<b>13</b> NISSAN 5 ה' ניסן TAZRIA
		ROSH CHODESH NISSAN			 6:22 PM	 7:16 PM
<b>14</b> NISSAN 6 ו' ניסן	<b>15</b> NISSAN 7 ז' ניסן	<b>16</b> NISSAN 8 ח' ניסן	<b>17</b> NISSAN 9 ט' ניסן	<b>18</b> NISSAN 10 י' ניסן	<b>19</b> NISSAN 11 י"א ניסן Birthday Of Lubavitcher Rebbe	<b>20</b> NISSAN 12 י"ב ניסן METZORA SHBBAT HAGADOL
					 6:26 PM	 7:19 PM
<b>21</b> NISSAN 13 י"ג ניסן	<b>22</b> NISSAN 14 י"ד ניסן EREV PESACH FIRST SEDER	<b>23</b> NISSAN 15 ט"ו ניסן 1ST DAY OF PESACH SECOND SEDER	<b>24</b> NISSAN 16 ט"ז ניסן 2ND DAY OF PESACH	<b>25</b> NISSAN 17 י"ז ניסן CHOL HAMOED	<b>26</b> NISSAN 18 י"ח ניסן CHOL HAMOED	<b>27</b> NISSAN 19 י"ט ניסן SHABBAT CHOL HAMOED
	 6:27 PM	 7:21 PM	Omer 1  7:21 PM	Omer 2	 6:29 PM	Omer 4  7:23 PM
<b>28</b> NISSAN 20 כ' ניסן CHOL HAMOED	<b>29</b> NISSAN 21 כ"א ניסן 7TH DAY OF PESACH	<b>30</b> NISSAN 22 כ"ב ניסן YIZKOR 8TH DAY OF PESACH				
Omer 5  6:30 PM	Omer 6  7:24 PM	Omer 7  7:25 PM				

# Tefillin

The mitzvah of wearing Tefillin creates a profound connection between man and G-d. It binds us to the Divine in a tangible way. The placement of the boxes on the arm, resting against the heart, and on the head, near the brain, signifies our dedication to serving G-d with our thoughts, emotions, and will.

Wearing Tefillin is not only significant on an individual level; it also brings protection to the entire Jewish people. The Tefillin campaign emphasizing the importance of this practice was initiated by the Rebbe before the Six-Day War in 1967 as a way to bring protection to the Jewish People.

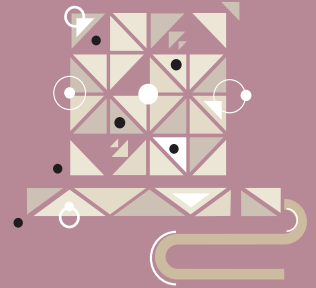
When you don Tefillin, you forge a connection with the Infinite, fulfilling G-d's will, and inspiring yourself to grow as a person. Moreover, you continue a timeless tradition, linking your past, present, and future. By engaging in this act, you inspire future generations to cherish this practice. Those Tefillin straps connect you not only to G-d but also to our ancestral lineage, your future legacy, and the unity of our people.



**TIME FOR  
A TEFILLIN  
CHECK?  
DON'T  
HESITATE  
TO REACH OUT!**

**CONTACT US!**

**RABBI MENDEL > +971-50-685-2253**



## Lag BaOmer (33rd day of the Omer)

Lag BaOmer, a joyous day on the Jewish calendar, honors the memory of Rabbi Shimon bar Yochai, author of the Zohar, who passed away on this day and instructed that the day be marked with joy, celebrating his life's achievements.

Lag BaOmer also symbolizes another important event: in the period between Passover and Shavuot, a plague afflicted the disciples of Rabbi Akiva. On a spiritual level, this was caused by their lack of respect for one another. On Lag BaOmer, the plague ceased. It is a day of celebration and blessings, particularly embracing the hope and joy associated with having children.

**“Tefillin are not merely black boxes strapped to our bodies; they are vessels that contain the deepest expressions of our connection to G-d.”**

— Ashkenazi Chief Rabbi Rabbi Yisrael Meir Lau

# May 2024

ניסן - אייר תשפ"ד

NISSAN - IYAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
			<b>1</b> NISSAN 23 כ"ג ניסן Omer 8	<b>2</b> NISSAN 24 כ"ד ניסן Omer 9	<b>3</b> NISSAN 25 כ"ה ניסן Omer 10	<b>4</b> NISSAN 26 כ"ו ניסן <b>ACHAREI MOT</b> Omer 11 7:27 PM
<b>5</b> NISSAN 27 כ"ז ניסן <b>EREV YOM HASHOAH</b> Omer 12	<b>6</b> NISSAN 28 כ"ח ניסן <b>YOM HASHOAH</b> Omer 13	<b>7</b> NISSAN 29 כ"ט ניסן Omer 14	<b>8</b> NISSAN 30 ל' ניסן <b>ROSH CHODESH IYAR</b> Omer 15	<b>9</b> IYAR 1 א' אייר <b>ROSH CHODESH IYAR</b> Omer 16	<b>10</b> IYAR 2 ב' אייר Omer 17 6:32 PM	<b>11</b> IYAR 3 ג' אייר <b>KEDOSHIM</b> Omer 18 7:31 PM
<b>12</b> IYAR 4 ד' אייר Omer 19	<b>13</b> IYAR 5 ה' אייר Omer 20	<b>14</b> IYAR 6 ו' אייר Omer 21	<b>15</b> IYAR 7 ז' אייר Omer 22	<b>16</b> IYAR 8 ח' אייר Omer 23	<b>17</b> IYAR 9 ט' אייר Omer 24 6:36 PM	<b>18</b> IYAR 10 י' אייר <b>EMOR</b> Omer 25 7:31 PM
<b>19</b> IYAR 11 יא' אייר Omer 19	<b>20</b> IYAR 12 יב' אייר Omer 20	<b>21</b> IYAR 13 יג' אייר Omer 21	<b>22</b> IYAR 14 יד' אייר <b>PESACH SHENI</b> Omer 22	<b>23</b> IYAR 15 ט"ו אייר Omer 23	<b>24</b> IYAR 16 ט"ז אייר Omer 24 6:40 PM	<b>25</b> IYAR 17 יז' אייר <b>BEHAR</b> <b>EREV LAG BAOMER</b> Omer 25 7:36 PM
<b>26</b> IYAR 18 יח' אייר <b>LAG BAOMER</b> Omer 26	<b>27</b> IYAR 19 יט' אייר Omer 27	<b>28</b> IYAR 20 כ' אייר Omer 28	<b>29</b> IYAR 21 כ"א אייר Omer 29	<b>30</b> IYAR 22 כ"ב אייר Omer 30	<b>31</b> IYAR 23 כ"ג אייר Omer 31 6:43 PM	<b>25</b> IYAR 17 יז' אייר <b>BEHAR</b> <b>EREV LAG BAOMER</b> Omer 25 7:40 PM
<b>26</b> IYAR 18 יח' אייר <b>LAG BAOMER</b> Omer 33	<b>27</b> IYAR 19 יט' אייר Omer 34	<b>28</b> IYAR 20 כ' אייר Omer 35	<b>29</b> IYAR 21 כ"א אייר Omer 36	<b>30</b> IYAR 22 כ"ב אייר Omer 37	<b>31</b> IYAR 23 כ"ג אייר Omer 38 6:47 PM	

# Love Your Fellow

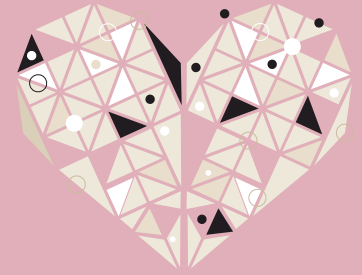
Chassidic teachings emphasize the importance of developing genuine love and concern for others, rooted in recognizing and appreciating the divine spark within every individual. This is the philosophy at the core of the concept of Ahavat Yisrael, the love for one's fellow Jew. It explains that true love for one's fellow is not based on personal gain or shared interests, but on recognizing the intrinsic connection all Jews have as part of a unified spiritual entity. This love extends to all Jews, regardless of their spiritual or material state.

This love should be unconditional and not contingent upon the other person's actions or behavior. It requires rising above personal judgments and biases, and instead seeing the essence and potential for goodness in every individual.

The first Chabad Rebbe, Rabbi Schneur Zalman taught that by cultivating love for one's fellow, one strengthens one's own spiritual connection and elevates one's own soul. This love serves as a unifying force that promotes harmony and unity within the Jewish community and beyond.

## Shavuot

Shavuot is a two-day holiday on the 6th and 7th days of the Hebrew month of Sivan. Shavuot commemorates the date when G-d gave the Torah to the Jewish people at Mount Sinai more than 3,000 years ago. Preceded by 49 days of counting in eager anticipation, Shavuot is celebrated by resting from work, lighting candles, enjoying festive meals, staying up all night to study Torah, enjoying dairy foods, and listening to the reading of the Ten Commandments in synagogue - which the entire family should attend, just as everyone, from babies to the elderly, were present when G-d gave us the Torah at Sinai.



**”Love of G-d, love of Torah and love of one’s fellow — are one. One cannot differentiate between them, for they are of a single essence ...”**

— The Rebbe

# June 2024

אייר - סיוון תשפ"ד  
IYAR - SIVAN

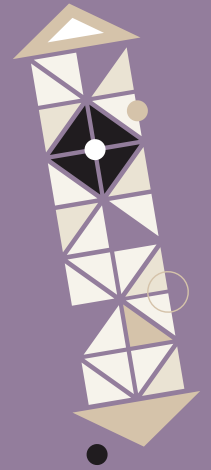
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
						<b>1</b> IYAR 24 כ"ד אייר <b>BECHUKOTAI</b>   Omer 39 <b>7:43 PM</b>
<b>2</b> IYAR 25 כ"ה אייר  Omer 40	<b>3</b> IYAR 26 כ"ו אייר  Omer 41	<b>4</b> IYAR 27 כ"ז אייר  Omer 42	<b>5</b> IYAR 28 כ"ח אייר  Omer 43	<b>6</b> IYAR 29 כ"ט אייר  Omer 44	<b>7</b> SIVAN 1 א' סיוון <b>ROSH CHODESH SIVAN</b>   <b>6:50 PM</b> Omer 45	<b>8</b> SIVAN 2 ב' סיוון <b>BAMIDBAR</b>   Omer 46 <b>7:47 PM</b>
<b>9</b> SIVAN 3 ג' סיוון  Omer 47	<b>10</b> SIVAN 4 ד' סיוון  Omer 48	<b>11</b> SIVAN 5 ה' סיוון <b>EREV SHAVUOT</b>   <b>6:51 PM</b> Omer 49	<b>12</b> SIVAN 6 ו' סיוון <b>SHAVUOT I</b>   <b>7:48 PM</b>	<b>13</b> SIVAN 7 ז' סיוון <b>SHAVUOT II</b>   <b>7:48 PM</b>	<b>14</b> SIVAN 8 ח' סיוון   <b>6:52 PM</b>	<b>15</b> SIVAN 9 ט' סיוון <b>NASO</b>   <b>7:49 PM</b>
<b>16</b> SIVAN 10 י' סיוון <b>EID AL ADHA</b>	<b>17</b> SIVAN 11 יא' סיוון <b>EID AL ADHA</b>	<b>18</b> SIVAN 12 יב' סיוון <b>EID AL ADHA</b>	<b>19</b> SIVAN 13 יג' סיוון <b>EID AL ADHA</b>	<b>20</b> SIVAN 14 יד' סיוון	<b>21</b> SIVAN 15 ט"ו סיוון	<b>22</b> SIVAN 16 ט"ז סיוון <b>BEHAALOTECHA</b>   <b>6:54 PM</b>  <b>7:51 PM</b>
<b>23</b> SIVAN 17 י"ז סיוון	<b>24</b> SIVAN 18 י"ח סיוון	<b>25</b> SIVAN 19 י"ט סיוון	<b>26</b> SIVAN 20 כ' סיוון	<b>27</b> SIVAN 21 כ"א סיוון	<b>28</b> SIVAN 22 כ"ב סיוון	<b>29</b> SIVAN 23 כ"ג סיוון <b>SHLACH</b>   <b>6:55 PM</b>  <b>7:52 PM</b>
<b>30</b> SIVAN 24 כ"ד סיוון						

# Mezuzah

The Mezuzah, a scroll placed in a case and attached to the doorpost, contains the opening lines of the Shema prayer: "Hear, O Israel, the Lord is our G-d, the Lord is one." It serves as a reminder of G-d's presence and is a reminder of G-d's watchfulness and protection.

While fulfilling a Biblical command, affixing a mezuzah also symbolizes spirituality within our homes. It protects and accompanies those who dwell inside and outside, shielding them from life's perils. The Rebbe would often advise people facing personal challenges to ensure their mezuzahs and Tefillin were in proper condition and placement.

The mezuzah is a hallmark of the Jewish home, demonstrating that this is a Jewish household. When a Jewish family affixes a mezuzah on their permanent residence they are forming another link in Jewish history and continuing a tradition that goes back to Biblical times.



**"The mezuzah is a small object, but its significance is great. It serves as a constant reminder of our connection to G-d and our commitment to living a spiritual life."**

— Rabbi Lord Jonathan Sacks

# July 2024

סיוון - תמוז תשפ"ד

SIVAN - TAMUZ

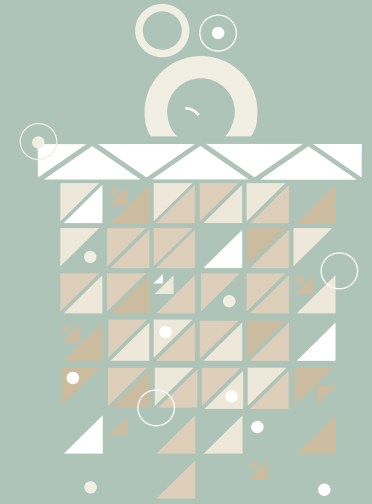
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
	<b>1</b> SIVAN 25 כ"ה סיוון	<b>2</b> SIVAN 26 כ"ו סיוון	<b>3</b> SIVAN 27 כ"ז סיוון	<b>4</b> SIVAN 28 כ"ח סיוון	<b>5</b> SIVAN 29 כ"ט סיוון	<b>6</b> SIVAN 30 ל' סיוון <b>ROSH CHODESH TAMUZ</b> <b>KORACH</b>  6:55 PM  7:51 PM
<b>7</b> TAMMUZ 1 א' תמוז <b>ROSH CHODESH TAMUZ</b>	<b>8</b> TAMMUZ 2 ב' תמוז	<b>9</b> TAMMUZ 3 ג' תמוז Hilula of the Lubavitcher Rebbe of Blessed memory	<b>10</b> TAMMUZ 4 ד' תמוז	<b>11</b> TAMMUZ 5 ה' תמוז	<b>12</b> TAMMUZ 6 ו' תמוז  6:54 PM	<b>13</b> TAMMUZ 7 ז' תמוז <b>CHUKAT</b>  7:50 PM
<b>14</b> TAMMUZ 8 ח' תמוז	<b>15</b> TAMMUZ 9 ט' תמוז	<b>16</b> TAMMUZ 10 י' תמוז	<b>17</b> TAMMUZ 11 יא' תמוז	<b>18</b> TAMMUZ 12 יב' תמוז	<b>19</b> TAMMUZ 13 יג' תמוז  6:52 PM	<b>20</b> TAMMUZ 14 יד' תמוז <b>BALAK</b>  7:47 PM
<b>21</b> TAMMUZ 15 ט"ו תמוז	<b>22</b> TAMMUZ 16 ט"ז תמוז	<b>23</b> TAMMUZ 17 י"ז תמוז <b>TZOM TAMMUZ</b> FAST BEGINS 4:21 AM FAST ENDS 7:34 PM	<b>24</b> TAMMUZ 18 י"ח תמוז	<b>25</b> TAMMUZ 19 י"ט תמוז	<b>26</b> TAMMUZ 20 כ' תמוז  6:49 PM	<b>27</b> TAMMUZ 21 כ"א תמוז <b>PINCHAS</b>  7:44 PM
<b>28</b> TAMMUZ 22 כ"ב תמוז	<b>29</b> TAMMUZ 23 כ"ג תמוז	<b>30</b> TAMMUZ 24 כ"ד תמוז	<b>31</b> TAMMUZ 25 כ"ה תמוז			

# Tzedakah

In Hebrew, charity is known as "tzedakah," which means "justice" or "righteousness." This distinction is significant. In Jewish belief, giving to those in need is not an optional act; it is an essential, honest obligation. It is the just, right thing to do. Our wealth is not truly ours alone but a gracious trust from G-d. It is our responsibility to distribute it according to His wishes, sharing it with His less fortunate children.

Make giving charity a daily practice. When you generously support those in need, you act as an emissary of G-d, fulfilling your role in providing for His creations. Embrace the concept of charity by keeping a charity box in your home and business and contributing a coin to it every day.

This practice will instill in you and your children the noble value of regular giving. Children can keep a charity box at school and professionals can keep one at their place of work, creating a culture of giving and philanthropy.



Tzedakah extends beyond monetary gifts. Sharing your time, expertise, or other skills and resources with which you have been blessed are all forms of charity. Regardless of the abundance you possess, there is always an opportunity to share with others. Establishing the habit of placing a coin in the charity box each morning (excluding Shabbat and Jewish holidays) sets a positive tone for the day.

Additionally, it is customary for women and girls to give charity just before lighting Shabbat candles on Friday afternoon, symbolizing the transition into the sacred day.

**“Our true worth is measured by what we are willing to give and share with others.”**

— Chief Rabbi Sir Jonathan Sacks

# August 2024

תמוז - אב תשפ"ד  
TAMUZ - AV

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
				1 TAMMUZ 26 כ"ו תמוז	2 TAMMUZ 27 כ"ז תמוז	3 TAMMUZ 28 כ"ח תמוז MATOT-MASSEI
					 6:45 PM	 7:39 PM
4 TAMMUZ 29 כ"ט תמוז	5 AV 1 א' אב ROSH CHODESH AV	6 AV 2 ב' אב	7 AV 3 ג' אב	8 AV 4 ד' אב	9 AV 5 ה' אב	10 AV 6 ו' אב DEVARIM
					 6:40 PM	 7:34 PM
11 AV 7 ז' אב	12 AV 8 ח' אב EREV TISH'A B'AV	13 AV 9 ט' אב TISH'A B'AV	14 AV 10 י' אב	15 AV 11 יא' אב	16 AV 12 יב' אב	17 AV 13 יג' אב VA'ETCHANAN
	FAST BEGINS 6:56 AM		FAST ENDS 7:20 PM		 6:35 PM	 7:27 PM
18 AV 14 יד' אב	19 AV 15 טו' אב	20 AV 16 טז' אב	21 AV 17 יז' אב	22 AV 18 יח' אב	23 AV 19 יט' אב	24 AV 20 כ' אב EIKEV
					 6:28 PM	 7:20 PM
25 AV 21 כ"א אב	26 AV 22 כ"ב אב	27 AV 23 כ"ג אב	28 AV 24 כ"ד אב	29 AV 25 כ"ה אב	30 AV 26 כ"ו אב	31 AV 27 כ"ז אב RE'EH
					 6:22 PM	 7:13 PM

# The High Holidays

The High Holidays are the most significant and sacred days in the Jewish calendar. Consisting of Rosh Hashanah and Yom Kippur, these holidays mark a period of deep introspection, repentance, and renewal. Rosh Hashanah is a time for reflection on the past year and setting positive intentions for the year ahead, while Yom Kippur is a solemn day of fasting and prayer, dedicated to seeking forgiveness and making amends.

These holidays provide an opportunity for individuals to reconnect with their spiritual roots, seek forgiveness from others and from G-d, and striving for personal growth and improvement. It is a time when families and communities come together to participate in meaningful observances, listen to the blowing of the shofar (ram's horn), and engage in heartfelt prayers. The High Holidays serve as a powerful reminder of the importance of self-reflection, forgiveness, and the pursuit of a meaningful and righteous life.



**“In the month of Tishrei, the pages of life turn anew, and we are given the chance to write a more meaningful chapter.”**

— Chassidic Masters

# September 2024

אב - אלול תשפ"ד  
AV - ELUL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
1 AV 28 כ"ח אב	2 AV 29 כ"ט אב	3 AV 30 ל' אב <b>ROSH CHODESH ELUL</b>	4 ELUL 1 א' אלול <b>ROSH CHODESH ELUL</b>	5 ELUL 2 ב' אלול	6 ELUL 3 ג' אלול	7 ELUL 4 ד' אלול <b>SHOFTIM</b>
					 6:14 PM	 7:06 PM
8 ELUL 5 ה' אלול	9 ELUL 6 ו' אלול	10 ELUL 7 ז' אלול	11 ELUL 8 ח' אלול	12 ELUL 9 ט' אלול	13 ELUL 10 י' אלול	14 ELUL 11 יא' אלול <b>KI TEITZEI</b>
					 6:07 PM	 6:58 PM
15 ELUL 12 י"ב אלול	16 ELUL 13 י"ג אלול	17 ELUL 14 י"ד אלול	18 ELUL 15 ט"ו אלול	19 ELUL 16 ט"ז אלול	20 ELUL 17 י"ז אלול	21 ELUL 18 י"ח אלול <b>KI TAVO</b>
					 5:59 PM	 6:50 PM
22 ELUL 19 י"ט אלול	23 ELUL 20 כ' אלול	24 ELUL 21 כ"א אלול	25 ELUL 22 כ"ב אלול	26 ELUL 23 כ"ג אלול	27 ELUL 24 כ"ד אלול	28 ELUL 25 כ"ה אלול <b>NITZAVIM-VAYELECH</b>
					 5:52 PM	 6:42 PM
29 ELUL 26 כ"ז אלול	30 ELUL 27 כ"ח אלול	1 ELUL 28 כ"ח אלול	2 ELUL 29 כ"ט אלול <b>EREV ROSH HASHANA</b>	3 TISHREI 1 א' תשרי <b>ROSH HASHANA 5785</b>	4 TISHREI 2 ב' תשרי <b>ROSH HASHANA II</b>	5 TISHREI 3 ג' תשרי
			 5:46 PM	 6:37 PM	 5:44 PM	 6:35 PM



# Contact information

## HEBREW SCHOOL DUBAI

**Musha Duchman**  
☎ 971-529777316

## HEBREW SCHOOL AD

**Rivky Kogan**  
☎ 971-529420085

## EAKC - KOSHER

☎ 971-547914411  
www.eakc.ae

## MINI MIRACLES

☎ 971-43213589  
www.minimiraclesnursery.com

## JCC DUBAI

**Rabbi Mendel Duchman**  
☎ 971-585773167  
**Rabbi Mendy Blau**  
☎ 971-506852253

## BEIT TEFILAH ABU DHABI

**Rabbi Yehuda Marsow**  
☎ 971-585403703

## MIKVAH

**Chevie Kogan**  
☎ 971-565075922  
www.chabad.ae/mikvah

## CHEVRA KADISHA

**Chevie Kogan**  
☎ 971-565075922  
**Rabbi Mendel Duchman**  
☎ 971-585773167

## CTEEN DUBAI

**Chani Blau**  
☎ 971-509511348

## CTEEN ABU DHABI

**Mimi Marsow**  
☎ 971-555782170

## PRAYER SERVICES

**Rabbi Mendel Stolik**  
☎ 971-523987193

## BASSAR

www.bassar.ae

## RIMON

☎ 971-545848867  
www.rimon.ae